



DECEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Washington County) To Contact a Breastfeeding Counselor near you: Breastfeeding Support Line: (240) 313-3311 Mailbox 1: Fran Beitler, RN, IBCLC, BF Coordinator Mailbox 2: Crescent Trumpower, BF Peer Counselor Urgent BF concerns: (240) 313-3335		Services: ☎ Peer Counseling ☎ Weekly BF classes 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc)				1
2	3 Birth Circle Support Meeting 7 pm info@hagerstownbirth.org	4 La Leche League 10 am – 12 pm, call Megan for info: 301-665-9226 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	5	6	7	8
9	10	11 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	12	13	14	15
16	17	18 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am La Leche League Meeting Washington Co. Health Dept. WIC Office/6:30 PM-8:30 PM Contact: Megan for more information@301-665-9226	19	20	21	22
23/30	24/31	25	26	27	28	29



JANUARY



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FEBRUARY



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